



# Exclusive Football Retreat in the Algarve

Stunning professional football retreat, with a host of five-star amenities, in the heart of Portugal's most exclusive region.

## Relax, Prepare & Perform

Located in 360 acres of perfect grounds and stunning nature, the Penina Hotel & Golf Resort offers a luxury retreat in the western Algarve. Set between the traditional fishing port of Portimão, the historic city of Lagos and the beautiful Monchique Mountains.

The resort is just 45 minutes drive from Faro International Airport, and offers traditional Portuguese charm, combined with traditional and outstanding décor. The five-star hotel also offers the highest standards of service, exceptional cuisine and some of the most extensive sports and leisure facilities in the Algarve.

Penina Hotel & Golf Resort is also the only luxury destination in the Algarve to boast three golf courses (18+9+9) and adjoining football pitch.

## Guest Bedrooms

All 188 five-star rooms and suites have been refurbished to the highest standards of excellence and luxury, and each come with: air conditioning,

satellite TV, LCD TV, mini-bar, safe, bathrobes, hairdryer, high speed internet and coffee & tea making facilities. Standard Rooms come with a balcony on request and have views over the Resort Course and Monchique Mountains; Superior Rooms offer a private balcony and views over the pool and Championship Golf Course; Studio Rooms comprise a split level bedroom and sitting room and come with a pool view. There are also a selection of Grand and Junior Suites, with separate sitting rooms and a number of Family Rooms.

## Restaurants & Bars

Penina Hotel & Golf Resort offers a wide choice of a la carte menus, across four restaurants, each serving a range of Portuguese, Italian and international cuisine to cater for all tastes and occasions. In addition, here are two bars offering a choice of refreshments, snacks and cocktails.

Football teams are also offered the use of a naturally lit private dining area overlooking the picturesque gardens and bespoke menu options.



## Facilities

- 1 FIFA size football pitch (99m x 65m)
- 5 Floodlit tennis courts
- 3km jogging circuit with 12 training stations
- Gym, Sauna, Massage Therapy
- Beauty Treatment Centre
- Hairdresser
- Full-size snooker table
- 3 onsite golf courses (18+9+9)
- Driving Range
- Golf Shop
- Mountain biking
- Olympic outdoor swimming pool
- Kangaroo Children's Club



## Football Package

- Accommodation in your chosen room category
- Full board in private dining area including non-alcoholic drinks
- Exclusive use of the onsite football pitch (FIFA size: 99 x 65 meters), located 3 walking minutes from hotel
- Mineral water and ice during training sessions
- Massage room with 3 massage beds, towels and mineral water
- Equipment room next to massage room
- Use of the gym (equipped by Technogym)
- Meeting room including flip charts, projector and screen
- Use of the onsite 3km jogging track with 12 training stations
- Laundry of two complete uniforms per day
- Assistance in organizing friendly matches
- Available training equipment: 2 movable goals; 2 mini-goals; 3 x 5-element car barrier; 12 skipping ropes; 20 x 3kg medicine balls; 8 x 4kg medicine balls; 8 x 5kg medicine balls; 40 sticks (160cm); 20 Traffic Cones (30cm); 20 Traffic Cones (45cm); 48 Marker Cones (5cm)

## Sea and Mountains

Penina enjoys close proximity to the white-yellow sands and azure waters of Alvor beach. The private beach restaurant means strolls by the sea can be accompanied by light meals and drinks in a very exclusive setting. The location is indeed privileged, and visits to the majestic Monchique mountains can also be enjoyed after a round of golf.

## Access

Alvor Beach – 4km/5 minutes  
Portimao – 5km/5 minutes  
Lagos – 20km/20 minutes  
Faro International Airport – 65km/45 minutes

## Address

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## Enquiries

To book your retreat or enquire about our services call **+351 282 420 200** or email **penina@jjwhotels.com**

